

NEWPORT SENIOR CENTER

863-3177
76 South Main St. PO Box 387
Newport, NH 03773

The Home of Sullivan County Nutrition Services

Providing Meals-on-Wheels, Congregate Dining and Social Service Outreach
in Sullivan County since 1972. Local Transportation (Newport Only) also available.
visit us at newportnhseniorcenter.org
Business Hours: 8:00 AM – 3:00 PM E-Mail scnsnsc@gmail.com

Main Office-
863-3177
Press 1 to leave
a Message

Senior
Transportation-
(Newport Only)
863-3177

Executive
Director-
Brenda Burns
863-5139

Food Service
Supervisor-
Beverly LaClair

Elder Support
Supervisor-
CJ Bailey
863-6770

Board of
Directors

President....
Larry K. Eaton
863-4422

Vice President-
David Shultz

Treasurer-
Shirley Barry

Secretary-
David Stitt

Directors-

Robin Bellinger
Ann-Marie
Fowler
Jeffrey Cornish

Activities at the Newport Senior Center: January 2026

MONDAYS:

Indoor Walking Path– 8 am—3 pm
SCNS Senior Transportation– 9 am—3 pm
Suggested donation \$1 per trip
Alice's Gift Shop Open—10 am—1 pm
Volunteers Needed
SCNS Newport Congregate Meals– 11:45 am
Suggested Donation: \$3 per meal
Volunteer Meal Receptionist Needed
GAME DAY— Volunteer Leader Needed

TUESDAYS:

Indoor Walking Path– 8 am—3 pm
SCNS Senior Transportation– 9 am—3 pm
Suggested donation \$1 per trip
Liliyan's Legacy Exercise– 9:30 am—10:30 am
Alice's Gift Shop Open—10 am—1 pm
Volunteers Needed
Bone Builders– 10:30 am—11:30 am
SCNS Newport Congregate Meals– 11:45 am
Suggested Donation: \$3 per meal
Jan. 6 –Board of Directors Meeting 8 am
Members Meeting 12:30 PM
Pitch– 12:30 pm—2 pm

WEDNESDAYS:

Indoor Walking Path– 8 am—3 pm
SCNS Senior Transportation– CLOSED
Suggested donation \$1 per trip
Chair Yoga– 9 am—10 am \$8 per class
Alice's Gift Shop Open—10 am—1 pm
Volunteers Needed
SCNS Newport Congregate Meals– 11:45 am
Suggested Donation: \$3 per meal
Jan. 7 —Monthly Birthday Party 1-2 pm



THURSDAY'S:

Indoor Walking Path– 8 am—3 pm
SCNS Senior Transportation– 9 am—3 pm
Suggested donation \$1 per trip
Consider being a volunteer driver today!
Liliyan's Legacy Exercise– 9:30 am—10:30 am
Alice's Gift Shop Open—10 am—1 pm
Volunteers Needed
Bone Builders– 10:30 am—11:30 am
SCNS Newport Congregate Meals– 11:45 am
Suggested Donation: \$3 per meal
Cribbage–12:30 pm—3 pm New Players Welcome!

FRIDAYS:

Indoor Walking Path– 8 am—3 pm
SCNS Senior Transportation– 9 am—3 pm
Suggested donation \$1 per trip
Alice's Gift Shop Open—10 am—1 pm
Volunteers Needed
SCNS Newport Congregate Meals– 11:45 am
Suggested Donation: \$3 per meal
Bingo—1 pm Doors Open 12:30 pm

Please allow meal participants time to eat
before setting up table for bingo.

2026 MEMBERSHIP DUES

The NSC is now accepting 2026 Membership dues. Enjoy membership perks for only \$20 per year, when paid by January 31, 2026. Membership application inside. Please help us update membership information by completing the membership application, even if you believe we have your information on file.

Some membership perks include rental discounts for the beautifully designed rooms at the center. Other discounts include chair and table rentals.

Thank you for supporting the NSC!

**INFORMATIONAL PAGE
ALL THE LITTLE TIDBITS YOU NEED TO
KNOW**

FOOD ALLERGY DISCLAIMER

Please be informed that SCNS will do their best to accommodate food allergies to the best of our ability. Please notify staff of any allergy.

All participants are hereby notified that the possibility of Cross-Contact could occur and there is no guarantee that foods/meals will be free from potential allergens.

In an effort to better serve you, we will be requesting doctor certification of all reported allergies as part of your person centered plan.

"A lie can travel halfway around the world while the truth is still putting on its shoes." - Mark Twain



2026 Membership Dues

We regret to inform you of a planned increase in your annual membership dues, effective January 1, 2026.

This decision was difficult for the Board of Directors. However, with increased expenses such as, electrical rates (approx. \$24,000 yr. before announced increases), and increased water bills (approx. \$2,400 yr. before rate increases), a tough choice had to occur.

This increase, from \$15 per year to \$20 per year, is necessary to ensure we can continue to provide you with the high-quality services, socialization opportunities, educational resources and benefits you expect from the Newport Senior Center.

Thank you for your understanding.

ADDITIONAL PARKING

The Newport Senior Center is active and ready to have FUN! So much FUN that the main parking lot fills up quickly.

Please be advised, there is an additional parking lot on the opposite side of the center.

Both parking lots on either side of the building have access to the building.

Be sure to check out all the latest happenings on Facebook: Newport Senior Center Home of Sullivan County Nutrition Services Share with your friends & family.



PEYS & DELIVERIES

Pets are part of the family, but our drivers are strangers to your pet, especially when there is a different delivery driver.

For the safety of our drivers, please keep all pets restrained in another room during delivery. Depending upon the route, routes are delivered between the hours of 8 am–1 pm.

Thank you for your cooperation and understanding the importance of safety for our drivers.

INCLEMENT WEATHER



As the calendar months continue to count down for 2025, we need to prepare for what can happen next.

Any closures will be announced on WMUR. If you do not see the Newport Senior Center listed on the bottom of the screen, please be sure to visit WMUR closing list online.

An automated message will be sent to all Meals-on-Wheels clients as well. Meals-on-Wheels participants should use your emergency meal, previously delivered, when we are closed due to inclement weather or emergencies.

Closings will also be announced on local radio station, WCNL.

For the safety of our drivers, please make plans for keeping driveways and walkways clear from snow and ice as we approach winter. If a driver does not feel safe, they will not be able to deliver meals.

Monday	Tuesday	Wednesday	Thursday	Friday
January 2026	Due to state and federal regulations, drivers are prohibited from leaving a meal without visual contact of the participant. Not Home, No Meal, No		1 CLOSED	2 CLOSED
5 Chicken Patty W/ Gravy Mashed Potato Broccoli Applesauce	6 Meatball Grinder W/ Cheese Brussel Sprouts Fresh Fruit	7 Turkey Gumbo Soup Fire Roasted black Bean and corn Papaya & Mango Bits	8 Macaroni & Cheese Chef Style Tomatoes Blueberry Pie	9 Baked Pollock Mashed Potato Spinach Chef's Choice Dessert
12 Cheese & Broccoli Stuffed Chicken Breast Mashed Potato Mixed Vegetables	13 Country Fried Steak W/Country Gravy Mashed Potato Broccoli & Cauliflower Fresh Fruit	14 Chop Suey Vegetable Medley Biscuit Pineapple	15 Vegetable Beef Barley Soup Crackers Egg Salad Roll Tropical Fruit Salad	16 Sloppy Joes Onion Rings Peas Cake with Fruit Topping
19 CLOSED	20 Salisbury Steak Mashed Potato Bermuda Vegetables Peach Cup	21 Broccoli Cheddar Soup Tuna Roll Crackers Fresh Fruit	22 Beef Stroganoff Noodles Bermuda Vegetable Mocha Pudding Parfait	23 Haddock Mashed Potato Peas & Carrots Apple Juice
26 Chicken Tenders Tatar Tots Cauliflower Diced Pears	27 Cheese Manicotti Dinner Roll Vegetable Normandy Fresh Fruit	28 Shepherds Pie Green Beans Mandarin Orange Pudding	29 Stuffed Cabbage Mashed Potato Sugar Snap Peas Fruit Cocktail	30 Hamburger French Fries Tuscany Vegetable Cherry Cheese Bars

FIRST TIME GUEST MUST COMPLETE NAPIS FORM
MENU SUBJECT TO CHANGE WITHOUT NOTICE (Congregate Meals Served promptly at 11:45 AM – Sign in Required)
Suggested donation: \$3 per meal. All participants must be present for ALL meal options.

**THANK YOU
12 DAYS OF CHRISTMAS
RAFFLE SPONSORS**



THANK YOU! THANK YOU! THANK YOU!

To all those who assisted with the success of our Memory Tree of Lights event, we extend our gratitude and appreciation.

Whether you volunteered to collect names, or honored or remembered a loved one during the holiday season, you made a difference in the lives of older adults for years to come.

We wish you all a happy, prosperous New Year!

AARP 2025 TAX INFORMATION

The NSC is pleased to be able to host AARP Volunteer Tax preparers again this year. Here are some important tips you should know as you gather all the items needed.

Scheduling an Appointment:

- ◆ Starting January 2, 2026, call (802) 332-5348 to leave a message that includes your name and phone number.
- ◆ Calls will be returned within one day, whenever possible. Please be patient.
- ◆ Calls will be returned from the same 802 number or shown as “Unknown Caller” or something similar. Please do not avoid answering.
- ◆ Appointments will be scheduled for Thursday, between February 5, 2026—April 9, 2026.

After your appointment is scheduled and before your arrival:

- ◆ Complete IRS Intake Form 13614-C and bring with you.
- ◆ Bring a current driver’s license or other valid government issued ID that includes a picture. If AARP did not prepare your 2024 return, you must bring a Social Security card for everyone included on your return, including your spouse and all dependents.
- ◆ Bring all tax documents including, W-2’s showing wages, 1099’s showing other types of income such as pensions, Social Security, interest, dividends & stocks sales, and any other 2025 tax documents you receive.
- ◆ Bring your bank account information for refunds for electronic deposits

Upon Arrival:

- ◆ Use the stairs straight ahead as you enter the building or go through second set of glass doors, turn right for the elevator.

**NEWPORT SENIOR CENTER
MEMBERSHIP APPLICATION**

NAME: _____

ADDRESS: _____

PHONE: _____

E-MAIL ADDRESS: _____

D.O.B: _____

2026 Yearly Dues
\$20, paid by
Jan. 31, 2026

\$25, after Jan. 31st.

Life Time Member-
ship \$500

Our center is operated by all volunteers. Please consider volunteering in one or more of our activities.

**SHARE YOUR TIME, KNOWLEDGE AND PASSION!
AT THE NEWPORT SENIOR CENTER (NSC)
Be valued! Make Friends! Help People!**

SPECIAL EVENTS: Spend a couple of hours at an annual event including, BINGO, Apple Pie Crafts Fair, Winter Carnival Breakfast, and more.

NSC GIFT SHOP: Sell items 1 day a week or month.

LOVE TO BAKE: Create goodie for special events.

GREEN THUMB: Seasonal gardening in the NSC front yard.

We value your experience and desire to improve the lives of every senior (50+), living in Newport, NH today and for future generations.

Please send an email to Patricia von Mechow, fpvonmechow@gmail.com for details about how to volunteer. Thank you so much!

Yes, I would like to volunteer for :

Check all that apply-

Board Member :

Nominating Committee (3-5 meetings per yr.) :

Teach an Activity:

Winter Carnival Breakfast (1X Yr.):

Volunteer Coordinator:

Seasonal Breakfasts:

Apple Pie Craft Fair(1X per yr.):

Yard Sale (2X per yr.):

Craft Fair (2X per yr.):

Dinners (1-2X per yr.):

Other (please describe):